

Kent Little

EDUCATION

Walden University
Baltimore, Maryland
Master of Science in Psychology

February 2017

University of Toledo
Toledo, Ohio
Bachelor of Science in Recreation Therapy - *Cum Laude*

August 2011

PROFESSIONAL EXPERIENCE

Medical Center of McKinney - Wysong Campus - Full Time CTRS
McKinney, TX

June 2013 to Present

Provided a diverse array of services to address the psychiatric problems bringing patients into the inpatient hospital setting. In addition to the initial assessment conducted/completed within 24 hours of the patient's time of admit and developing a short-term goal based off of that initial assessment, my duties included but were not limited to: symptom reduction through therapeutic intervention, education on healthy lifestyle, development of coping skills, and psychosocial support. Within my department, I coordinated PRN staff to assist on heavy admit days; completed/submitted department schedule for PRN, Part Time, and Full Time Staff; and trained newly hired staff members to be proficient in: assessment, documentation, and facilitation of therapeutic groups.

The University of Texas Southwestern Medical Center - Full Time CTRS
Dallas, TX

January 2012 to June 2013

Helped develop an advanced, two-floor Therapeutic Recreation department. Implemented individual Therapeutic Recreation treatments to help meet goals and standards set forth for patients and for the medical center. My duties/responsibilities for a 22-inpatient rehabilitation floor included, but were not limited to:

- Coordinated and expedited diversified rehabilitation activities for patients, to help restore functional skills.
- Facilitation of individual treatment plans which focused on functional activities to increase the rate of therapeutic goal attainment.
- Developed and implemented group therapy sessions focusing on communication skills, community reintegration, and provided appropriate resources for discharge planning.
- Part of a multidisciplinary team that helped to educate high school students and Therapeutic Recreation interns on purpose/benefits of holistic treatment.

TIRR Memorial Hermann - Supplemental Therapeutic Recreation Specialist August 2011 to January 2012
Houston, TX

Gained professional experience assessing, planning, implementing, and evaluating programs for the Traumatic Brain/ Spinal Cord Injury population. Created and facilitated community outings that focused on community reentry while highlighting recreational resources in the community. Collaborated frequently with other team members to find the most efficient way to achieve goals. Constructed an interactive PowerPoint which gives both Brain and Spinal Cord Injury Patients the ability to find resources in the community. Completed therapeutic recreation evaluations with precision, while taking time to become acquainted with each patient.

TIRR Memorial Hermann - Internship
Houston, TX

June 2011 to August 2011

Treated individuals with traumatic brain and/or spinal cord injury. Completed Therapeutic Recreation evaluations, facilitated therapeutic groups that focused on fine/ gross motor activities and having patients gain independence at home and in the community. Completed daily and weekly charting of activities and evaluations. Continuously collaborated with other team members to increase efficiency of goal attainment. Involved in adaptive sports program, and created strength and conditioning program for Jr. Basketball team.

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Honors and Awards

Mentor of the Year

Awarded by North Garland High School's H.O.S.A. Program

June 2013

Dean's List - University of Toledo

Awarded to students maintaining a GPA of 3.5 or higher.

May 2009, December 2010, and May 2011

Rocket Reward Scholarship - University of Toledo

Awarded to students maintaining a GPA of 3.0 or higher.

August 2007 to May 2011

Certifications

NCTRC Certified

CPR/ AED Certified

August 2011

July 2015

References

References are available upon request.