

Micholyn O. Gayoso, PsyD

Licensed Psychologist

7300 W. Eldorado Pkwy, Suite 265, McKinney TX 75071
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PROFESSIONAL LICENSE(S):

Licensed Psychologist, State of Texas #37422

August 2016

CURRENT EMPLOYMENT

McKinney Neuropsychology

09/2016-Current

7300 W. Eldorado Pkwy, Suite 265

McKinney, TX 75070

Licensed Psychologist; Secondary Supervisor; Independent Contractor

- ❖ Conduct initial psychotherapy assessments, psycho-educational assessments, attention-deficit assessments, objective and projective personality assessments, cognitive and achievement assessments, and neuropsychological assessments for adults, adolescents, and children for a variety of referral considerations.
- ❖ Conduct crisis intervention and suicide risk assessments as needed and provide immediate and proper referral treatment for high risk clients.
- ❖ Conduct various psychotherapy interventions for adolescents, young adults, older adults, couples, and families, ranging in psychological distress including: anxiety, depression and other mood disorders, personality disorders, family and other relational conflict, neurocognitive disorders, and attention problems.
- ❖ Utilize Cognitive-Behavioral, Person-Centered, and Systems Theory techniques in therapeutic treatment resulting
- ❖ Update therapy progress notes and psychological assessment reports for insurance companies and collaboration with psychiatrists, primary care doctors, and other mental health providers in treatment of clients.
- ❖ Make referrals as necessary for psychiatric medication and other outpatient treatment options (i.e. support groups) based off of assessment results and diagnostic impressions.
- ❖ Assist primary supervisor with secondary supervision and group supervision for all practicum students, pre-doctoral interns, post-doctoral fellows, and master's level licensed professionals.

PREVIOUS EMPLOYMENT:

Neuropsychology Consultants

10/2015-09/2016

Supervisor: Phillip Morris, PsyD

6717 W. Eldorado Pkwy, Suite 110

McKinney, TX 75070

Neuropsychology Post-Doctoral Fellow

Richland Oaks Counseling Center

Supervisor: Sandra Davis, PsyD

6401 W. Eldorado Pkwy, Suite 327

McKinney, TX 75070

Provisionally Licensed Psychologist

Post-Doctoral Fellow

- ❖ Conduct initial psychotherapy assessments, psycho-educational assessments, attention-deficit assessments, objective and projective personality assessments, cognitive and achievement assessments, and neuropsychological assessments for adults, adolescents, and children for a variety of referral considerations.
- ❖ Conduct crisis intervention and suicide risk assessments as needed and provide immediate and proper referral treatment for high risk clients.
- ❖ Conduct various psychotherapy interventions for adolescents, young adults, older adults, couples, and families, ranging in psychological distress including: anxiety, depression and other mood disorders, personality disorders, family and other relational conflict, neurocognitive disorders, and attention problems.
- ❖ Utilize Cognitive-Behavioral, Person-Centered, and Systems Theory techniques in therapeutic treatment resulting
- ❖ Update therapy progress notes and psychological assessment reports for insurance companies and collaboration with psychiatrists, primary care doctors, and other mental health providers in treatment of clients.
- ❖ Make referrals as necessary for psychiatric medication and other outpatient treatment options (i.e. support groups) based off of assessment results and diagnostic impressions.

Art Institute of Dallas

10/2011-06/2012

General Studies Department

Supervisor: Sandra Marquez-Hall, PhD, Director

8080 Park Lane

Dallas, TX 75244

Adjunct Faculty

- ❖ Taught Psychology 101 to undergraduate students in various degree programs.
- ❖ Maintained an online component of class requirements, lectured on basic topics of psychology, and graded various assignments and exams.
- ❖ Answered emails and phone calls for students who need extra assistance outside of class time.
- ❖ Demonstrated proficient knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional relationships with students, colleagues, and supervisors.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in lecturing and training on a variety of psychology topics, resulting in successful completion of core requirements for over 100 students.

Argosy University/Dallas

10/2010-10/2011

Clinical Psychology Department

Supervisors: Amite Dominick, PhD, Kristy Novinski, PhD, Mark Ruggles, PhD, Shaalon Joules, PhD, & Pamela Garcy, PhD

5001 LBJ Freeway

Farmer's Branch, TX 75244

Teaching Assistant

- ❖ Worked with students in a Cognitive Assessment course and a Statistics & Research course, resulting in professional development and independence for over 30 new doctoral psychology students.
- ❖ Assisted professors with grading, exam administration, online course set-up, and departmental administrative tasks, aiding in successful completion of first year courses for over 30 students.
- ❖ Held open labs to assist students with questions/concerns regarding assignments, resulting in a 10% decrease of first year drop-outs within a year.
- ❖ Answered emails and phone calls for students enrolled in the courses.
- ❖ Responsible for checking in/out testing materials with training department for all students and professors, aiding in building responsibility and professionalism in over 70 students campus wide.
- ❖ Demonstrated proficient knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional relationships with students, colleagues, and supervisors.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in lecturing and training on a variety of psychology topics, resulting in successful completion of first year courses for over 30 students.

Argosy University/Dallas

10/2009-10/2010

Clinical Psychology Department

Supervisor: Brenda Wall, Ph.D., Clinical Psychology Department Chair

5001 LBJ Freeway

Farmer's Branch, TX 75244

Graduate Assistant

- ❖ Worked with the Clinical Psychology Department Chair along with other professors to maintain records and training equipment for students in the psychology graduate program, aiding in building responsibility and professionalism in over 70 students campus wide.
- ❖ Assisted Teaching Assistant's with grading and student assistance
- ❖ Assisted the department chair in maintaining program requirement documentation for accreditation.
- ❖ Assisted with the application process for APA accreditation and National Registration, resulting in successful acceptance with the National Registry, and an accelerated application process for APA accreditation.
- ❖ Demonstrated proficient knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional relationships with students, colleagues, and supervisors.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in lecturing and training on a variety of psychology topics, resulting in successful completion of first year courses for over 30 students.

Medical Center of McKinney

10/2008-10/2009

Wysong Campus

Supervisor: Marlene Marty, B.S.N

130 N. Central Expressway

McKinney, TX 75069

Mental Health Technician/Case Manager Assistant

- ❖ Worked with individuals admitted to an inpatient psychiatric hospital, diagnosed with a variety of psychological disorders, including (but not limited to): Depression, Bipolar I & II Disorders,

Schizophrenia, Alzheimer's Dementia, Substance Abuse/Detox, Schizoaffective, Adjustment Disorders.

- ❖ Directly responsible for: monitoring patient activities of daily living, assisting patients with daily care including: ambulation & personal care for Geriatrics, assisting Psychiatrists with discharge planning, assisting medical doctors with examinations, assisting therapists with group activities, monitoring vital signs, monitoring stability of detox patients, redirecting behavioral outbursts
- ❖ Responsible for safety issues, documenting baseline measurements, maintaining safe, therapeutic environment for patients, resulting in a 20% decrease in crisis situations within the year.
- ❖ Assisted case managers & social workers with Psychosocial assessments, group sessions & discharge planning, resulting in successful transition for over 200 patients within the year.
- ❖ Demonstrated proficient knowledge, skills, and ability in assessing potential crisis situations and implementing effective interventions for over 30 patients on a daily basis.

EDUCATION:

**American School of Professional Psychology at
Argosy University/Dallas**
Doctorate of Psychology in
Clinical Psychology

Dallas, TX
September 2014

**American School of Professional Psychology at
Argosy University/Dallas**
Master of Arts in
Clinical Psychology

Dallas, TX
December 2010

University of Maryland University College
Bachelor of Science in Psychology
Minor in Criminal Justice

Adelphi, MD
May 2007

Clovis Community College
Associate of Arts in
Liberal Arts

Clovis, NM
May 2005

DOCTORAL LEVEL SUPERVISED TRAINING:

**Arkansas Department of Correction
Wrightsville Unit**
Supervisors: June Daniels, PhD & Joe Alford, PhD
8400 Hwy. 386
Wrightsville, AR 72183
Post-Doctoral Fellow
Psychologist / Clinical Supervisor / Psychological Examiner

09/2014-10/2015

- ❖ Oversaw and performed crisis intervention and suicide risk assessments for over 2,000 incarcerated individuals; providing feedback to other mental health staff regarding such interventions and assessments.
- ❖ Oversaw and performed inmate segregation reviews to assess inmate isolation/segregation status and make treatment recommendations for departmental release from segregation status.

- ❖ Oversaw and provided clinical treatment to inmates in the Special Programs Unit, designed for inmates with severe mental disorders.
- ❖ Performed intake screenings and initial psychological assessments of inmates regarding possible diagnostic considerations, mental status, and behavioral concerns; providing input into treatment program recommendations, treatment plans, case management, and referrals for medication management.
- ❖ Provided individual and group psychological counseling, cognitive behavior and psychosocial skills instruction, and anger management courses for over 2,000 incarcerated individuals to provide for proper behavior modification/management recommendations.
- ❖ Provided clinical supervision to mental health staff in the delivery of mental health services to over 2,000 incarcerated individuals.
- ❖ Participated in department, medical, and unit committees to ensure and improve the quality of service delivery of inmate psychological services and coordinate treatment efforts.
- ❖ Prepared and presented professional presentations and/or training to peers, security, and appropriate public entities for the purposes of education and public relations as requested.
- ❖ Assisted in developing research and /or outcome assessment activities within the department.
- ❖ Gained proficient knowledge, ability, and skills in current correctional practices, specific inmate therapeutic modalities/interventions, assessment procedures, and accepted standards within the field for treatment in correctional settings.
- ❖ Gained proficient knowledge, ability, and skills in working with other correctional facility staff in responding to inmate crises, providing continuity of care, and maintaining correctional facility safety and security.
- ❖ Consistently demonstrated exemplary knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional therapeutic relationships with inmates, colleagues, and supervisors.
- ❖ Consistently demonstrated exemplary knowledge, skills, and ability in administering, interpreting, integrating, and synthesizing results of psychological assessments resulting in proper treatment planning and referrals for over 100 incarcerated individuals.
- ❖ Consistently demonstrated exemplary knowledge, skills, and ability in applying theories of psychotherapy research to a diverse population of over 100 incarcerated individuals.
- ❖ Consistently demonstrated exemplary knowledge, skills, and ability in identifying, carrying out, and evaluating the quality and effectiveness of therapeutic interventions.
- ❖ Consistently demonstrated proficient knowledge, skills, and ability in conducting clinical supervision for 6 mental health employees.
- ❖ Consistently demonstrated proficient knowledge, skills, and ability in consultation services for department of corrections employees on mental health practices and treatment for inmate population.

Arkansas Psychology

09/2013-08/2014

D. Kenneth Counts, PhD, PA – Private Practice

Supervisors: D. Kenneth Counts, PhD & Peggy Pack, PhD

11219 Financial Center Parkway, Suite #316

Little Rock, AR 72211

Pre-Doctoral Intern

- ❖ Conducted initial psychotherapy assessments, psycho-educational assessments, attention-deficit assessments, objective and projective personality assessments, cognitive and achievement assessments, and neuropsychological assessments on over 80 clients, directly resulting in acceptance and compliance with state and local assistance programs for more than 50 clients.

- ❖ Conducted over 30 crisis intervention and suicide risk assessments resulting in immediate and proper referral treatment for high risk clients.
- ❖ Conducted psychotherapy intervention with over 100 clients, including adolescents, young adults, older adults, and couples, ranging in psychological distress including: anxiety, depression and other mood disorders, personality disorders, family and other relational conflict, neurocognitive disorders, and attention problems.
- ❖ Utilized Cognitive-Behavioral, Person- Centered, Systems Theory, and Psychodynamic techniques in therapeutic treatment resulting in psychological improvement of over 70 clients after a series of 8-12 therapeutic sessions.
- ❖ Updated therapy progress notes and psychological assessment reports for insurance companies and collaboration with psychiatrists and primary care doctors in treatment of clients.
- ❖ Made referrals as necessary for psychiatric medication and other outpatient treatment options (i.e. support groups) resulting in over 40 clients' ability to maintain a medication and therapy regime of treatment for an extended period of time.
- ❖ Gained and demonstrated exemplary knowledge, skills, and ability in working effectively with a diverse population of over 150 clients, 10 colleagues, and 4 supervisors.
- ❖ Demonstrated exemplary knowledge, skills, and ability in assessing and implementing effective treatment plans for over 130 clients.
- ❖ Demonstrated exemplary knowledge, skills, and ability in administering, interpreting, integrating, and synthesizing results of psychological assessments resulting in proper treatment planning and referrals for over 130 clients.
- ❖ Gained and demonstrated exemplary knowledge, skills, and ability in applying theories of psychotherapy research to a diverse population of over 130 clients.
- ❖ Gained and demonstrated exemplary knowledge, skills, and ability in identifying, carrying out, and evaluating the quality and effectiveness of therapeutic interventions.

**Dallas County Juvenile Detention Center – Henry Wade
Psychological Services**

09/2011-02/2012

Supervisor: John Pita, Ph.D.

2600 Lone Star Dr.

Dallas, TX 75212

Advanced Practicum Student

- ❖ Conducted court ordered psychological assessments and evaluations on adolescents referred to the juvenile detention center aiding in appropriate judgment and sentencing on over 35 adolescents.
- ❖ Wrote integrated assessment reports dictating socio-cultural background information obtained from a clinical interview, assessment results, 5-axis diagnosis and recommendations for the court system on over 50 adolescents.
- ❖ Conducted over 20 crisis screens to assess for suicidal and homicidal ideation resulting in immediate inter-departmental referrals for proper treatment of adolescents.
- ❖ Co-facilitated various groups on topics including: Relational aggression, Aggression replacement, Dialectical Behavior Therapy, and situational processing aiding in successful rehabilitation of over 50 adolescents.
- ❖ Provided individual therapy for adolescents struggling with depression, thought distortion, aggression issues, family issues, and overall coping issues aiding in successful rehabilitation of over 30 adolescents.

- ❖ Consulted with various professionals within the psychology department regarding treatment referrals and recommendations, resulting in appropriate integration treatment for over 30 adolescents.
- ❖ Demonstrated proficient knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional therapeutic relationships with clients, colleagues, and supervisors.
- ❖ Demonstrated proficient knowledge, skills, and ability in assessing and implementing effective treatment plans for over 40 clients.
- ❖ Demonstrated proficient knowledge, skills, and ability in administering, interpreting, integrating, and synthesizing results of psychological assessments resulting in proper treatment planning and referrals for over 70 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in applying theories of psychotherapy research to a diverse population of over 70 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in identifying, carrying out, and evaluating the quality and effectiveness of therapeutic interventions.

**Dallas Independent School District – Alternative
Education Program Psychological and Social Services**

08/2010-05/2011

Supervisor: Tia B. Crossley, Ph.D.
2909 N. Buckner Blvd., Suite 501
Dallas, TX 75228

Practicum III and IV Student

- ❖ Worked with over 150 at-risk youth, ranging in age, ethnicity and socioeconomic status, at an alternative school, aiding the Department of Psychological and Social Services in effective behavioral intervention and treatment within the Dallas Independent School District.
- ❖ Conducted over 20 crisis intervention and suicide risk assessments resulting in immediate and proper referral treatment for high risk youth.
- ❖ Co-facilitated Aggression Replacement Training (ART) groups for students in 6th-12th grade.
- ❖ Co-facilitated open topic groups for students in 9th-12th grade.
- ❖ Provided individual therapy for students with issues including: family issues, anger issues, drug/alcohol use, suicidal concerns, and emotional and behavioral problems resulting in over 100 successful, rehabilitated transfers out of the alternative program.
- ❖ Provided over 50 psycho-education consults for students and parents regarding current concerns.
- ❖ Consulted with over 30 parents regarding concerns about youth problems.
- ❖ Consulted with over 50 professionals within the DISD area to gather resources and referrals for the youth and their families.
- ❖ Consulted with over 50 parents and probation officers regarding student compliance with court requirements.
- ❖ Developed treatment plans for groups and individual therapy students based primarily on a Cognitive-Behavioral theoretical orientation; however, some theoretical foundations in the Systems and Person-Centered theories were included on an as-seen-fit basis.
- ❖ Documented student treatment progress through case notes and case conceptualization during supervision.
- ❖ Wrote mental health articles for the school newsletter aiding in continued education and training for teachers and administrators.
- ❖ Assisted over 40 families and students with program information during Family Empowerment nights.

- ❖ Demonstrated proficient knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional therapeutic relationships with clients, colleagues, and supervisors.
- ❖ Demonstrated proficient knowledge, skills, and ability in assessing and implementing effective treatment plans for over 100 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in applying theories of psychotherapy research to a diverse population of over 100 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in identifying, carrying out, and evaluating the quality and effectiveness of therapeutic interventions.

Dr. David Falkstein, Private Practice
Child and Family Guidance Center of Texoma

08/2009-04/2010

Supervisor: David Falkstein, Ph.D., L.S.S.P
 125 W. Main St., Suite 100
 Allen, TX 75013
Practicum I and II Student

- ❖ Performed over 40 psychological evaluations on children and adolescents for a variety of referral sources, including school counselors, parents, and courts.
- ❖ Conducted over 40 evaluations for diagnostic consideration of Developmental Disorders, Learning Disorders, ADHD, Conduct and ODD disorders, Depression, Bipolar, Anxiety, and Adjustment Disorders, as well as court ordered CPS evaluations.
- ❖ Completed over 30 integrated psychological reports consisting of data from: Clinical Interviews (parent and child), Intelligence (IQ) measures, Achievement measures, Neuropsychological measures, Projective measures, and Parent/Teacher/Student self-report behavioral measures identifying differential diagnosis, recommendations, and referrals.
- ❖ Conducted behavioral observations on an as-needed basis, aiding in the proper diagnosis of over 5 children with psychological disorders.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in developing, maintaining, and applying effective ethical and professional relationships with clients, colleagues, and supervisors.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in administering, interpreting, integrating, and synthesizing results of psychological assessments resulting in proper treatment planning and referrals for over 50 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in applying theories of psychotherapy research to a diverse population of over 50 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in integrating test data with clinical observations resulting in proper multi-axial diagnosis for over 30 clients.
- ❖ Gained and demonstrated proficient knowledge, skills, and ability in effectively writing clear, concise, grammatically correct integrated psychological reports

RESEARCH/PUBLICATIONS:

Clinical Research Project (CRP)

December 2013

How Participation in Physical Extra-Curricular Activities in High School Modulate Self-Esteem and Aggression Levels in Young Adult Males

Argosy University, Dallas TX

Clinical Chair: Tim Branaman, PhD; Committee Member: Michael Leach, PhD