

ELEONORA BASS

bass@mckinneyneuropsych.com

LICENSES: Licensed Psychologist, LP (#37283)

LANGUAGES: Fluent in English, Russian, and Spanish

EDUCATION: William James College (formerly known as Massachusetts School of Professional Psychology), Boston, Massachusetts
Doctor of Psychology, Clinical Psychology, June 2015
Program Focus: Latino Mental Health

Boston College, Chestnut Hill, Massachusetts
Master of Arts, Mental Health Counseling, May 2011

St. Mary's University, San Antonio, Texas
Bachelor of Arts, Psychology, May 2009
Honors Program Graduate, Summa Cum Laude

Chaminade University, Honolulu, Hawaii
Completed a sister university exchange semester, Fall 2008

Universidad de Alcalá de Henares, Alcalá de Henares, Spain
Completed a semester abroad, Spring 2007

WORK EXPERIENCE:

March 2015 - June 2017

Tarnow Center for Self-Management, Houston, Texas
Post-doctoral Fellow, Provisionally Licensed Psychologist
Supervisor: Sophia Havasy, Ph.D

In an integrated health care team that focused on approaching treatment from a biopsychosocial perspective, provided therapy and psychological evaluation services to patients from 5 to 60 years old in all modalities (individual, couples, group and family therapy). Provided college readiness and career counseling services to young adults in in-person therapy and using teletherapy for patients away at college. Co-led two ADHD, Tourette's, and social skills groups for children (ages 6 to 9). Provided bilingual (English/Spanish and English/Russian) couples, family, and individual therapy. Collaborated with education specialists, neuropsychologists and psychiatrists in managing casework. Conducted and wrote comprehensive psychological evaluations with recommendations for various presenting problems (ADHD, spectrum disorders, Tourette's, depression, anxiety disorders, bipolar, personality disorders, adjustment disorders, gender dysphoria). Engaged in crisis management, kept up-to-date records with progress notes, formulated treatment plans, and engaged in discharge planning. Consulted with schools and outside providers and attended 504 meetings to advocate on behalf of the patient. Participated in and discussed cases during twice a week staffing meetings, two individual supervisions (with PhD and MD), and one group supervision. To promote and market the practice, wrote website and social media materials, met with potential referral sources, and attended networking presentations and conferences.

September 2012 - June 2014

Lynn Community Health Center, Lynn, Massachusetts
APA Pre-Doctoral Clinical Intern
Supervisor: Kathleen Meagher, Psy.D

In an integrated health care team setting with a multicultural population, led and co-led a Spanish speaking CBT group for anxiety/depression, conducted individual therapy/clinical interviews/intakes in English/Russian/Spanish with adults 21+, conducted psychological evaluations with adults and children,

participated in program evaluation, consultation, and Quality Assurance meetings, engaged in crisis management and “warm hand offs” from medical staff, case

management, used an electronic health record (EHR) to schedule patients, write intakes, progress notes, formulate treatment plans and treatment plan reviews, discharge summaries, consultation, and submitted SF-36 forms.

July 2013 - August 2013

**Ecuador Clinical Rotations for Psy.D Concentration, Guayaquil, Ecuador
Clinical Intern**

Supervisor: Nilda Clark, Psy.D

Observed and participated in intake interviews for HIV testing at Fundacion VIDHA. Observed and participated in intake interviews and check-ins with new mothers and gave informational talks about HIV transmission and prevention in Hospital Gineco-Obstétrico Enrique C. Sotomayor. Presented on cultural values, was co-therapist in individual therapy sessions with college students, taught relaxation techniques and wrote parent intake interviews at Instituto Tecnológico Bolivariano.

July 2013

Taglit Birthright Yad Vashem Holocaust Museum Intervention: Preparation and Processing, Jerusalem, Israel

Supervisor: Rhea Antonio, Psy.D

For a 4-hour Holocaust museum visit with a group of 48 Jewish birthright participants, staff, and Israeli soldiers, conducted a preparation group addressing experiences and symptoms of trauma, generational trauma, and offered grounding/relaxation/meditation techniques; after the museum visit, conducted a processing group of reactions to the visit, explained relationship between affect and somatic symptoms, and closed with self-care strategies adapted to the intense 10-day trip with limited downtime.

July 2012 - August 2012

**Costa Rica Clinical Rotations for Psy.D Concentration, San Jose, Costa Rica
Clinical Intern**

Supervisor: Paula Llobet, Psy.D

Observed and participated in conducting psychological assessments with adults and children in Spanish, classroom and behavioral observations of elementary aged children in escuela Miguel Obregon, participated in intake rounds in a behavioral treatment program in Hospital Calderon Guardia, attended trainings in hypnosis, relaxation techniques, and REBT in Spanish.

September 2011 - June 2012

**Northshore Academy Lower School, West Peabody, Massachusetts
Clinical Intern**

Supervisor: Porter Eagan, Psy.D

In a therapeutic day school serving 1st through 8th grade, led social skills groups, conducted individual therapy, observed social-emotional goals and benchmarks of students in classrooms, performed in vivo interventions in the classrooms, conducted psychological assessment batteries, attended and participated in small team meetings with other professionals (i.e., occupational therapist, speech therapist, student support staff, teachers, paraprofessionals, etc.), and wrote process notes, progress notes, and psychological assessment reports for IEPs.

September 2010 - July 2012

**Wild Acre Inns, Babcock Program, Brookline, Massachusetts
Clinical Intern and Case Manager (09/10 - 05/11), Mental Health Counselor Relief (05/11 - 07/12)**

Supervisor: Lori Schwartz, LMHC, LADC I

In a dual-diagnosis, short-term, residential, PHP, and IOP program, conducted biopsychosocial assessments, case coordination, individual check-ins with clients, led mood stabilization and coping skills groups, partook in crisis management, wrote clinical summaries, milieu therapy, admission and discharge proceedings, wrote progress notes, formulated treatment plans, met with families for progress meetings and discharge plans, discharge planning. As a Mental Health Counselor, also transcribed medication orders and dispensed medication at scheduled times to residential clients.

RESEARCH EXPERIENCE:

Principal Investigator, Massachusetts School of Professional Psychology, Newton, Massachusetts

Topic: *The American Dream and the Pursuit of Happiness: The Role of Cultural Values in Happiness and Well-Being*

September 2012 - April 2015, full-time position, Doctoral Project

Committee Chair: Gary Rose, PhD

Duties: Conducted original research, prepared IRB proposal, background research, data analyses, table creations, composed manuscript, powerpoint creation and presentation at colloquium

Research Assistant, Boston College, Counseling Psychology Department, Chestnut Hill, Massachusetts

Topic: *Psychology of Working and Unemployment*

September 2009 - May 2010, part-time position

Faculty advisor: David Blustein, PhD

Duties: Background research, protocol creation

Principal Investigator, St. Mary's University, Psychology Department, San Antonio, Texas

Topic: *The Role of Personal Variables in Second Language Acquisition*

August 2008 - April 2009, full-time position, Honors Thesis

Faculty advisor: Jennifer Zwahr-Castro, PhD

Duties: Conducted original research, prepared IRB proposal, background research, data analyses, table creations, composed thesis, poster creation and presentation

Principal Investigator, University of Michigan, Psychology Department, Ann Arbor, Michigan

Topic: *Loneliness and Experiences of Anger in a College Student Population: Does Impulsivity Matter?*

June 2008 - July 2008, full-time position

Faculty advisor: Edward Chang, PhD

Duties: Background research, data analyses, table creations, poster creation and presentation

Research assistant, St. Mary's University, Psychology Department, San Antonio, Texas

Topic: *Video Gaming and Personality Characteristics*

August 2007 - December 2007, part-time position

Faculty advisors: Patricia Owen, PhD and Jennifer Zwahr-Castro, PhD

Duties: Background research, online survey creation, data collection and analyses

Research assistant, St. Mary's University, Psychology Department, San Antonio, Texas

Topic: *Roles of Acculturation in Attachment and Mental Health*

August 2005 - April 2006, part-time position

Faculty advisor: Joel T. Foster, PhD

Duties: Collect data, enter data into SPSS, present research findings

PRESENTATIONS:

Bass, E. (2015). *The American Dream and the Pursuit of Happiness: The Role of Cultural Values in Happiness and Well-Being*. Doctoral project presentation/colloquium for William James College, Boston, Massachusetts.

Bass, E. (2012). *Intersection of Health: Trauma and Domestic Violence. Nurturing Emotional Well-Being*. Presented at the University of New Hampshire, Durham, New Hampshire.

Bass, E. (2009, April). *The role of personal variables in second language acquisition*. Poster presented at the 10th Annual St. Mary's University Undergraduate Research Symposium and Creative Activities Exhibition, San Antonio, Texas.

Bass, E., Srivastava, K., Hirsch, J. K., Chang, E. C., Calderon, N. E., Kim, J. M., Hazlett, K. E., et al. (2008, July). *Loneliness and experiences of anger in a college student population: Does impulsivity matter?* Poster presented at the University of Michigan (UM) Summer Research Opportunity Program (SROP) Symposium, Ann Arbor, Michigan.

Bass, E., Srivastava, K., Hirsch, J. K., Chang, E. C., Calderon, N. E., Kim, J. M., Hazlett, K. E., et

al. (2008, July). *Loneliness and experiences of anger in a college student population: Does impulsivity matter?* Poster presented at the Committee on Institutional Cooperation (CIC) Summer Research Opportunity Program (SROP) Conference, Michigan State University, East Lansing, Michigan.

Bass, E. (2007, March). *The influence of parental marital relations on offspring marital relations as observed in marital satisfaction and infidelity.* Poster presented at the 8th Annual St. Mary's University Undergraduate Research Symposium and Creative Activities Exhibition, San Antonio, Texas.

MEMBERSHIP AND PROFESSIONAL ASSOCIATIONS:

Texas Psychological Association (TPA)
Member, January 2017 - present

Student Coordinating Committee, Massachusetts School of Professional Psychology
Advanced Standing Representative, Fall 2011 - Spring 2014

Psychology Club, Chaminade University
President and Founder, Fall 2008

Psychology Club/Psi Chi Honor Society, St. Mary's University
President, Fall 2007 - Spring 2008, Secretary, 2006

VOLUNTEER WORK:

Spring 2012 and 2013 A Monologue, a Memory, a Rant, and a Prayer (MMRP), Massachusetts School of Professional Psychology, Newton, Massachusetts
In an annual productions of MMRP, performed two monologues bringing awareness of violence against humanity.

Fall 2011, 2012, and 2013 Fundacion Lucero Annual Walk/Run, Massachusetts School of Professional Psychology, Newton, Massachusetts
Volunteered with setup and spoke about continuing the mission of the late Dr. Cynthia Lucero in providing mental health services to Latinos.